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UroLift – Patient Instructions

You Appointment with Dr. _____ is scheduled on _____ at _____.

The following guidelines are for the day PRIOR to the day of treatment with Nitrous. Nitrous \$125.00.

1. Avoid alcohol, coffee, and other caffeinated beverages 48 hours prior to the procedure.
2. The night before treatment, eat a light meal.
3. The day of treatment, eat a light breakfast such as toast, juice, or milk.
4. Discontinue all blood thinning medications, including supplements, **five days prior** to treatment.
5. Continue taking all routine prescription medications.
6. Take 1 Bactrim (antibiotic) 2 hours prior, then every 12 hours until finished. Bactrim will be prescribed by your pharmacy.
7. Arrange for transportation to and from your appointment.

If you have any questions, please call our office at (970) 243-3061