

A.Z. Beshai, MD | Caleb Stepan, MD | Kurt Strom, MD | Laurel Bartholomay, MD | Mark Nishiya, MD, FACS | Michael Murray, MD | Nicholas Westfall, MD |  
Timothy Vanadurongvan, MD | Kyle DeLong, PA-C | Lauren Holmes, PA-C | Zephaniah Quigley, FNP | Michelle Mason, PA-C | Caroline Hendrix, FNP

## Discharge Instructions for UroLift Transprostatic Implant Procedure

### GENERAL EXPECTATIONS

Some men may experience discomfort after the procedure. On occasion, some bloody discharge may be apparent from the penis. You may have soreness in the lower abdomen, and it may be uncomfortable to sit. You may experience the need to urinate more frequently and with greater urgency. These are all normal reactions to the procedure. It is important to take care of yourself the next couple of days to facilitate a speedy recovery. The following are some suggestions:

1. Have someone drive you home after the procedure.
2. Drink plenty of water.
3. Take your medication as prescribed.

When taking pain medications, you may experience dizziness or drowsiness. Do not drink alcohol or drive when you are taking these medications.

If you are given an antibiotic to prevent urinary tract infection, it is important to finish all medications as directed.

### COMPLICATIONS

You should contact your physician, at 970-243-3061, if you experience any of the following:

1. Temperature above 101.5 degrees.
2. Excessive urinary bleeding or bleeding from the penis.
3. Continuous bladder spasms.
4. Painful, swollen and/or inflated testicle(s) or scrotum.
5. Unable to void spontaneously.

If you need immediate attention, go to the hospital emergency room for treatment. Always call your physician before going to the emergency room. If your doctor suggests that you go to the emergency room or other facility for catheterization for inability to urinate, be sure to tell the facility personnel to use a Coude (pronounced coo-day) tipped catheter.