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## URODYNAMICS FOLLOW UP INSTRUCTIONS

Thank you for choosing us for your health care needs. You have just completed a Urodynamics test on \_\_\_\_/\_\_\_\_/\_\_\_\_.

You may resume your normal activities and diet.

There are generally no adverse or long-lasting side effects from Urodynamics testing. However, you may experience urinary frequency, as well as a burning sensation during urination. You may also experience a small amount of blood in your urine. **This is considered normal 24 to 48 hours after catheterization.**

Please contact the office at (970) 243-3061 if problems should arise or if you experience any of the following after 48 to 72 hours:

1. Burning, frequency, urgency or pain with urination.
2. Blood in your urine
3. Low back pain
4. Fever
5. Foul odor to your urine

The above symptoms can be caused by a urinary tract infection (UTI) or bladder infection, and you may need to be seen in our office for an additional follow up visit.

In order to prevent a possible UTI following Urodynamic testing, the following medication will be given:

\_\_\_\_\_

**Please contact our office immediately at (970) 243-3061 if you have any adverse reaction(s) to the medication given.**

Your follow up appointment with your physician to review the Urodynamics test is:

DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

Time: \_\_\_\_ : \_\_\_\_ AM | PM

With \_\_\_\_\_