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UroLift – Patient Instructions

You Appointment with Dr. _____ is scheduled on _____ at _____
with a check in time of _____ for your antibiotic injection.

The following guidelines are suggested for the day before and day of treatment for a prostate block.

1. Avoid alcohol, coffee, and other caffeinated beverages 48 hours prior to the procedure.
2. The night before treatment, eat a light meal.
3. The day of treatment, eat a light breakfast such as toast, juice, or milk.
4. Discontinue all blood thinning medications, including supplements, **five days prior** to treatment.
5. Continue taking all routine prescription medications.
6. 1 valium 1 hour prior to procedure, when the injection is given. Valium will be called into your pharmacy.
7. Arrange for transportation to and from your appointment.
8. Administer a Fleet Enema the morning of the procedure to cleanse the rectal walls.

If you have any questions, please call our office at (970) 243-3061